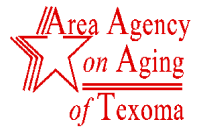




TEXOMA CAREGIVER PROGRAM

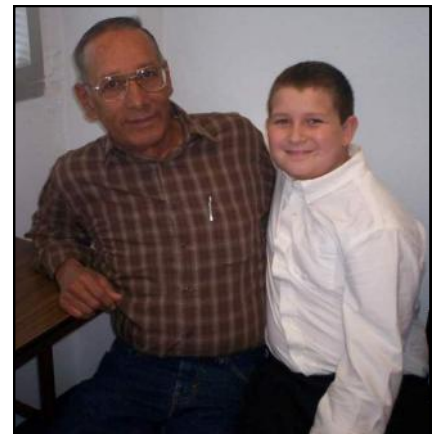


September 2009
Editor: Judy Conner

INTERGENERATIONAL 'BACK TO SCHOOL PARTY'

The *Grayson County Rotary Club* was the sponsor of a Back To School Party for the Grandparents As Parents Program on Tuesday, August 11th at Texoma Council of Governments.

The children shown below represent over 150 grandchildren who are being raised by grandparent-headed families throughout Grayson, Fannin and Cooke Counties. They received Walmart gift cards for the purchase of school supplies for the 2009-2010 school year.



Thank you cards were available for grandparents' and grandchildren's signatures to show appreciation to the *Grayson County Rotary Club* for their generous donation designated for school supplies. Some of the grandchildren were very artistic in this endeavor!



For more information about this program, please call Judy Conner at 903.813.3575.

Support Groups

Alzheimer’s Support Groups

Grayson County:

Sherman TCOG, 1117 Gallagher Drive
 Suite 200, 2nd Floor
 3rd Wednesday of each month
 12:30 pm
 Nora Habal @ 903.813.3506

Denison Stonebrook, 1616 Lifesearch Way
 1st Saturday of each month
 10:00 am
 Nora Habal @ 903.813.3506

Cooke County:

Gainesville Stanford House
 1st Wednesday of each month
 9:00 am
 Tayabba Ravjani @ 940.665.2826

Fannin County:

Bonham Clyde W. Cospers (VA)
 1300 Seven Oaks Road
 1st Tuesday of each month
 2:00 pm
 Barby Lostice @ 903.640.8387

Sam Rayburn VA
 Bonham Nursing Home Bldg
 4th Monday of each month
 1:30 pm
 Amy Clark @ 903.583.6533

Honey Grove Honey Grove Nursing Home
 3rd Thursday of each month
 2:00 pm
 Jill Hawkins @ 903.378.2293

Parkinson’s Support Group

Grayson County:

Sherman TCOG
 1117 Gallagher Drive
 Suite 200, 2nd Floor
 1st Tuesday of each month
 1:30 pm
 Judy Conner @ 903.813.3575

This Support Group is for the Parkinson’s patient and their caregiver(s).

Grandparents/Relatives As Parents Support Groups

Grayson County:

Sherman TCOG, 1117 Gallagher Drive
 Suite 200, 2nd Floor
 2nd Tuesday of each month
 12 noon—1:00 pm
 Refreshments provided
 Judy Conner @ 903.813.3575

Fannin County:

Bonham Bailey English Building
 201 East 10th Street
 3rd Thursday of each month
 During school year only
 12 noon—1:00 pm
 Jodi Hunt @ 903.640.5715



If you will be attending a meeting for the first time, please call ahead. This ensures receiving the latest information of any changes.

Mental Wellness

Margo Smith, MS, LPC, LCDC, has been scheduled for Fall meetings for the Mental Wellness Workshops for the grandparents raising grandchildren. Margo is a well-known personality in the Grandparents As Parents Program and many believe she ‘saved their lives’ with her sound counsel in addressing the situations and issues of grandchildren living with grandparents. Time is 12 noon—1:00 pm; Texoma Room unless otherwise directed.

Meeting dates are:
September 22
October 27
November 24

Judy Conner 903.813.3575 OR Email: jconner@texoma.cog.tx.us

Caregiver LIBRARY

The Caregiver Program has purchased the following *new* books for the Library which can be loaned on request:

Taking Charge of ADHD
ADHD—Hyperactivity: A Consumer’s Guide
Parenting With Love and Logic
Driven to Distraction: Recognizing and Coping
with Attention Deficit Disorder

Please call Judy Conner at 903.813.3575 to check out one of the books.

Caregiver Respite

The Texoma Caregiver Program offers Respite Care assistance to all caregivers in our program. Please call or email us to find out if you are eligible for this service.

Nora Habal 903.813.3506 or Email: nhabal@texoma.cog.tx.us

Judy Conner 903.813.3575 or Email: jconner@texoma.cog.tx.us

Time Out Caregiver Respite

Grayson County:

Wilson N Jones Medical Center
 Monday & Wednesday
 10:00 am—2:00 pm
 Lunch provided

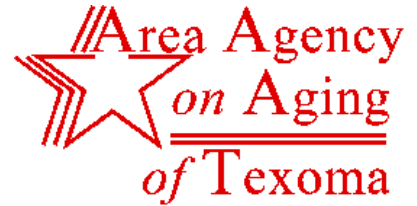
Cooke County:

Stanford House, Gainesville
 Wednesday
 9:00 am—1:00 pm
 Lunch provided

For more information please call:

Nora Habal at 903.813.3506 or Email nhabal@texoma.cog.tx.us

4th Annual Texoma Caregiver Celebration Walk 2009



4th Annual

Texoma Caregiver Celebration Walk

Saturday, October 17, 2008

Fairview Park, Sherman

Registration begins at 8:00 a.m.

TEXOMA SERVING TEXOMA!

100% of all donations will remain in the
Texoma Caregiver Resource Center
serving the
Alzheimer's, Parkinson's, and the
Relatives As Parents Programs!

Get a TEAM together and walk for the
Caregivers of Texoma!

P.I.E. Presentations

The monthly P.I.E. presentations are held on the fourth Wednesday of each month at 11:30 a.m. P.I.E. is the acronym for *Partners In Education*, represented by the Area Agency on Aging of Texoma, Wilson N. Jones Memorial Hospital, Home Hospice and Life Center Specialty Hospital. Professionals from the community will be scheduled to speak each month *free of charge!* The presentation is an hour long in length with time for questions at the end.

August 26, 2009	Dr. Tammy Roque “What You Can Learn From Cancer Without Having It”
September 23, 2009	Dr. Morales (Topic TBA)
October 28, 2009	Dr. Joshi (Topic TBA)

Lunch will be available for a small donation. If you would like more information, please call Nora Habal at 903.813.3506 or Email nhabal@texoma.cog.tx.us.

WANTED: WALK TEAMS



RECEIVE A PLAQUE FOR YOUR ORGANIZATION!

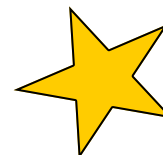
**Saturday, October 17, 2009
Fairview Park, Sherman**

We are looking for **TEAMS** to participate in the **4th Annual Caregiver Celebration Walk!** Awards for Top Team Fundraiser and Top Individual Fundraiser will be presented!

Lots of FUN, FOOD and PRIZES!

1st Prize given away at the 2008 Caregiver Celebration Walk was a 52” Plasma TV donated by First Texas Home Health, Sherman.

ALL DONATIONS REMAIN IN TEXOMA!





Texoma Caregiver Program
1117 Gallagher Dr., Ste 200
Sherman TX 75090

Make a Donation for the Texoma Caregivers!

Your Name _____

Address _____

City/State/Zip

Phone _____ Enclosed is my gift: \$ _____

In Memory/Honor of _____

Please send acknowledgement of this gift to:

Name _____

Address _____

City/State/Zip

Please make your checks payable to **TSCF** (Texoma Senior Citizens' Foundation, 501c 3 organization).

All gifts are tax deductible to the full extent allowed by law. *All donations remain in the Texoma area for the needs of caregivers.* **Mail to:**

**Texoma Caregiver Program
1117 Gallagher Drive, Suite 200
Sherman, TX 75090
ATTN: Judy Conner or Nora Habal**

Partially funded by the TEXAS Department of Aging & Disabilities Services